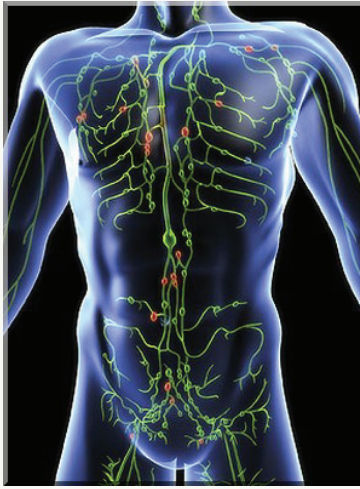


Comprehensive Lymphedema Therapy Program



Lymphedema is an abnormal accumulation of Protein-rich fluid which causes inflammation and reactive fibrosis of any area of the body.

Common Lymphedema Risk Factors Are:

- Undergoing Cancer Treatment Involving Radiation &/or the Surgical Removal of the Lymph Nodes
- Post Joint Replacement Therapy
- Obesity
- Heart or Surgical Conditions That Cause Swelling
- Medical Conditions Limiting Muscle Movement such as Multiple Sclerosis, Paralysis, etc.
- Skin Trauma due to Burns, Injury or Surgery
- Family History of Lymphedema

Some Complications of Lymphedema Include:

- Increased Risk of Infections such as Cellulitis, Lymphangitis & Erysipelas
- Compromised Wound Healing
- Increased Pain
- Loss of Function due to Swelling and Limb Changes
- Deep Venous Thrombosis
- Depression due to Disfigurement & Dehabilitation
- Possible Amputation of the Limb due to Sepsis or Gangrene

Lymphedema Therapy Involves:

- Manual Lymph Drainage
- Meticulous Skin care
- Low Stretch Bandaging as needed
- Assistance with Recommending & Obtaining Compression Garments or Non-Elastic Support
- Remedial Exercises with Instruction in a Home Exercise Program
- Patient &/or Caregiver Education for Instruction on Disease Management & Self Care