

Falls Prevention Program



**“1 out of 3 Adults Age 65 and Older Fall Each Year”
Don’t Be A Statistic! We Can Help Prevent Falling By:**

Consequences of Falls:

- Injury & Disability
- Mortality
- Decline in Activity Level
- Decline in Independence
- Increased Fear & Depression
- Increased Social Isolation

Comprehensive Evaluation Identifying:

- Balance Disorders
- Vestibular Involvement
- Potential Environmental Hazards
- Overall Complex Medical Challenges

Fall Prevention Components:

- Home Safety Evaluations and ADL Adaption
- Vestibular Therapy Manipulations
- Balance Training and Strengthening Programs
- Balance Compensation Training
- Assistive Device Selection and Training
- Medication Management
- Patient/Patient Family Education